



MENU

SANDWICHES \$12*

**All sandwiches are served with a side of house garden salad and potato chips.*

Breakfast Sandwich (egg, cheese, bacon on a croissant)

Ham & Cheese on a Croissant

Gourmet Grilled Cheese

Jalapeño Grilled Cheese

Egg Salad on Ciabatta Bun

Chicken Salad on Ciabatta Bun

Avocado & Cucumber Open Faced on Multi Grain

SIGNATURE SANDWICHES \$14*

**All sandwiches are served with a side of house garden salad and potato chips.*

Montreal Smoked Meat on Ciabatta Garnished with Pickle

Smoked Salmon, Cream Cheese, Cucumber on a Toasted Bagel

Brie, Grilled Pear, Bacon Drizzled with Maple Syrup on Sourdough

Apple & Toasted Pecan Grilled Cheese Drizzled with
Maple Syrup and Cinnamon on Sourdough

GARDEN SALAD \$6

SOUPS FROM THE RAW CARROT

(DINE IN ONLY)

Flying Noodle

Mulligatawny (spicy)

Spicy-ish Cabbage

Signature Carrot

Hearty Lentil & Barley

Loaded Potato & Bacon

Veggie Mania

SHAREBLES

Baguette with Oil and Balsamic Vinegar \$12

Oxford County Cheese Plate \$ price varies

COFFEE BAR

Drip • Espresso • Long Black

Americano • Misto • Macchiato • Cortado

Flat White • Cappuccino • Latte

Mocha • Matcha • Turmeric-Latte

London Fog • Southern Iced Coffee • Hot Chocolate

Addons: Oat Milk or Flavor Shots

ALWAYS A VARIETY OF BAKED GOODS AS A TREAT

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